



We're Number One, Wyoming!

... For the **highest** suicide rate
in the nation, that is ...

You can help. We urge you to attend this FREE training to learn how to prevent suicide deaths in your community.

- **Open to everyone** – Parents, Teachers, Law Enforcement, Medical Personnel, Clergy, Counselors and anyone interested in learning more about suicide prevention.
- **Qualified instructors** will train participants on the signs and symptoms indicating a risk of suicide, and how to handle crisis (Gatekeeper Training). Continuing Education Credits available.
- **Wyoming's First Lady, Nancy Freudenthal**, will speak about the correlation between alcohol use and suicide at 9:30 a.m.

Tuesday, February 1, 2005

9:00 a.m. - 3:00 p.m.

Plains Hotel in Cheyenne

Free Registration & Free Lunch

*RSVP soon, space is filling quickly. Contact Jason Lawandales at
Peak Wellness Center - 307-634-9653 or jlawandales@peakwellnesscenter.org*

Sponsored by:

The Laramie County Suicide Prevention Coalition, The Wyoming Division of Mental Health, and Peak Wellness Center